

# Delish at Work

## Buffet Lunch Platters

### Sarsfield Pride Cold Meat Platter

€10.95 per person

We marinate, season, and roast all our meats with the best of ingredients, specialty cuts of meat are sourced from the very best of Artisan suppliers. This platter is garnished and has a selection of:

Traditional honey roast ham, house marinated chicken skewers, thin slices of Irish beef, peppered salami, Indian spiced chicken skewers and serrano ham,

It is also served with a choice of two of our homemade salad bowls

Minimum order of 5 persons

### “Oceans” Eleven

€12.95 per person

A Selection of seafood to get your omega boost, this platter includes:

Irish oak smoked salmon, juicy prawn & pineapple skewer's, and fresh fillet of salmon with Avocado, and a selection of delish sushi

It is also served with a choice of two of our homemade salad bowls

Minimum order of 5 persons

### Warm Buttermilk Chicken PLATTER

Serves 8 to 10 €35

An ideal accompaniment to our signature sandwich platters we offer a platter of homemade buttermilk spiced chicken goujons with sweet chilli sauce & garlic mayo dips

## Delish Salad Bowls

Small Serves 4-6 persons €15

Large Serves 8-10 persons €25

### Crunchy Asian Noodle Salad

Baby corn, Mangetout, mixed peppers, oriental vegetables in sesame oil

### New Potato & Red onion Salad

Baby new potatoes and sliced red onion seasoned with wholegrain mustard mayo

### Classic Caesar Salad

Crispy cos with fresh parmesan, bacon lardons, garlic croutons & classic Caesar dressing

### Caprese Salad

An Italian delight, of vine-ripened tomatoes, buffalo milk mozzarella and fresh picked basil leaves drizzled with basil pesto

### Pesto Penne Pasta

Infused with fresh basil pesto, parmesan shavings and Mediterranean vegetables

### Zesty Superfood Quinoa

Zesty Lemon & Lime quinoa salad packed full of freshly chopped parsley & herbs

### Moroccan Couscous

A couscous mix with chickpeas, apricots, sultanas, and fresh mint

### Delish Pickled Ruby Slaw

A delish house recipe! Freshly grated carrot, red & white cabbage pickled with Attyflin apple cider vinegar

## Signature Sandwich

### Platters

#### Working Lunch Platter

€6.75 per person

A variety of our healthy gourmet sandwiches on carefully selected sliced breads, ciabattas, and wraps combined with a selection of our finest delicious fillings from our signature sandwiches served with potato chips

#### Boardroom Platter

€7.75 per person

A variety of gourmet sandwiches on carefully selected sliced breads, ciabatta, wholemeal & floury breads, baguettes & wraps combined with a selection of our finest delicious fillings from our signature sandwiches served with potato chips Accompanied by “bitesize” homemade sweet delights

#### Soup & Sambo Combo

€8.50 per person

An ideal accompaniment to our signature sandwich platters we offer this winter warmer of a hearty homemade and wholesome soup

#### Lunch Bag

€9.50 per person

The Ideal fix for individual lunches  
A delish sandwich, a piece of fruit, a mini brownie, crisps and a bottle of water

## Quiche or Frittata Box

Served with 2 chefs choice salads

€8.50 per person

Ham, Leek, & Brie.

Bacon, Sausage, Tomato & Cheddar.

Chicken, Chorizo, Peppers, Onions & Smoked cheddar

Mediterranean Veg, Spinach & Goat cheese

Smoked Salmon, Spring Onion & Chives.

## Individual Salads

€9.50 per person

### Billy the Kid Goats Cheese

Mixed leaves, beetroot humous, candied pecans, pear & balsamic reduction.

### Chicken Cobb

Chicken, bacon, sliced boiled egg, crushed avocado, vine-ripened cherry tomatoes and classic Caesar dressing

### Greek Salad

Café leaves, feta, olives, egg, sun kissed tomatoes & tzatziki

### Bollywood

Indian spiced chicken on a bed of Moroccan couscous with a curried yogurt dressing

### Delish Sushi Salad

Smoked Salmon, zesty citrus quinoa, cucumber, avonaise, served with wasabi & pickled ginger

### Ploughman's Plate

Ham, smoked cheddar, tomato, egg, gherkins, coleslaw, apple & chutney

### Rainbow Bowl

Falafels, hummus, tomato & coriander salsa, avo smash, roast spiced chickpeas, med veg, rocket & spinach

Call us today for all your catering needs  
Raheen-061300090 or Castletroy-061332920  
Check us out at [www.delish.ie](http://www.delish.ie)

# Delish at Work

## Breakfast Meetings

### Rise and Dine €5.95

A Savoury selection of delicious sausage rolls, Ham & Cheese Jambons, and our veggie bites, all served with Irish tomato relish, Accompanied with Tea & Coffee

### Rise and Shine €5.50 per person

A Selection of Delish Vanilla Scented Fruit scones served with Irish butter, preserves and freshly baked French pastries, Accompanied with Tea & Coffee

### All Your Eggs In One Basket €3.85

A selection of savoury egg muffins!

- Bacon, spinach and cheddar cheese
- Cherry tomato, mozzarella and basil
- Spicy chorizo, rocket, cherry tomato

A selection of savoury delights to choose from all served with relish.

### Tutti Frutti €3.85 per person

14 oz of Fresh Fruit Salad with homemade granola and natural Greek yogurt

### The Fruit Bowl €12.00

An ideal accompaniment to our signature sandwich platters we offer a selection of seasonal & tropical fruits for you to benefit from a healthy option. 10-12 pieces

### Overnight Oats €3.85

Wholesome & delicious Gluten free oats soaked overnight in coconut milk, fresh juice and yogurt for an ultra-creamy texture, served with mixed seasonal berries and seeds

## Breakfast Bites

### Minimum order 10 persons

### Breakfast Canapes €8.50 per person

A selection of 5 from mini breakfast burritos, frittata muffins, mini bagels with Smoked salmon, Smokey bacon, cream cheese & relish, sausage rolls and sweet pancake skewers

### Delish Full Hot Irish €10.95

Bacon, Sausage, Tournafulla black & white pudding, scrambled egg & beans and selection of bread all served to you hot! Accompanied with Tea & Coffee

### Hearty Breakfast Burrito's €6.95

Loaded Breakfast Burrito with sausage, pudding, bacon, egg, melted cheddar and Irish tomato relish

### The Big Breakfast Bite €7.50

A brioche bun filled with Dijon mustard mayo, bacon, sausage, black & white pudding, Smokey cheddar, tomato relish, topped with a fried egg!

### Fruit Skewers €2.85 per person

Freshly cut seasonal & exotic fruit pieces on a skewer

### Mini Power Oat Bakes €2.95

These mini oatmeal cups are a fantastic hand-held breakfast! Each serving contains two of these little delights, Packed full of mixed berries, bananas, and oats.

## Drinks

### Power Shot €3.50

A low probiotic yoghurt smoothie, wheatgerm, 2 bananas, mixed berries, seasonal fruits, fresh orange juice & honey

### Juices €2.95

A Selection of juices available including a range of Sisu's, Attyflin Apple Juice and our own freshly squeezed orange juice.

### Tea/Coffee €2.00

Herbal teas also available

## Afternoon Treats

### Bitesize Delights €1.50 per person

A selection of bitesize desserts each serving contains three pieces per person.

### Sweet Tooth €2.95 per person

We provide a selection of homemade cookies, muffins, rocky road or traybakes for that afternoon slump!

### The Whole Hog €3.95 per person

A Dessert Platter is the perfect ending to any lunch! A selection of full slices of homemade desserts, including carrot cake, chocolate fudge brownies, rum, raisin & pecan tiffin, and chocolate coconut tart.

## Canapes

### Minimum order 10 - €15.00 per person

### Meat

#### Mini Sliders Selection

- Buttermilk chicken & sriracha crème
- BBQ Pulled pork with pickled slaw

#### Indian spiced Chicken Skewers

Black pudding, goat's cheese, and red onion marmalade bruschetta.

Salami, mozzarella, and basil pesto Crostini

Mini ploughman's with Limerick ham

### Vegetarian Options

Beet Blinis with crumbled feta and candied pecans.

Mini Mediterranean Frittata

Eastern falafels, with fresh tzatziki

Mini Vol au vent filled with roast red pepper hummus, crumbled goat's cheese & hazelnut

### Seafood

Blackened Prawn & Avo Cucumber bites

Mexican Shrimp Taco Bites

Smoked Salmon & Chive Blinis

Harissa Salmon brochettes

Mini Sushi Rolls with wasabi & pickled ginger

*All Made individually with love, all you need to do is choose 5 options*

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