

# Breakfast Time till Midday!

€13.95

€10.95

€10.50

€8.95

*€12.95* 



### The Fit Feast!

3 Poached eggs | baby spinach | roast red pepper humous | avocado smash | honey baked pulled ham | black pepper wholemeal bread

# The Delish Breakfast Bap €10.95

Brioche bun | honey and mustard mayo | bacon | sausage | black & white pudding | Irish cheddar | tomato relish | with a sunny side up fried egg |

## Ham Hock Hash €13.75

Crispy sautéed potatoes | honey glazed ham hock | delish harissa | 2 fried eggs | spring onions | spinach | hollandaise sauce | smoked paprika

### Salted Caramel French Toast €13.50

Eggy brioche slices | berry compote | banana | salted caramel sauce | Biscoff crumble
Add Bacon €3

## Harissa Eggs

Toasted sourdough | Smashed avocado | 2 soft poached eggs | homemade harissa | seeds | fresh red chilies | Add Bacon €3

#### Veggie Loaded Avo Toast

Smashed avocado | chickpeas | cherry tomatoes | edamame beans | crumbled feta | seeds | rocket | toasted sourdough |

#### Eggs & Bacon or Sausage

Have it your way! 2 eggs – scrambled, poached or fried | 2 smoked bacon or 2 sausages | 2 toast |

### The Benedict

Slow cooked honey glazed ham | 2 soft poached eggs |fresh spinach | hollandaise sauce | toasted seeds |on a warm brioche

#### **Huevos** rancheros

€13.50

Warm tortillas | 2 fried eggs | spicy chorizo | tomato & coriander salsa | avocado | crumbled feta | drizzled with Sriracha | smoked paprika potato cubes

### Delish 4 Egg Omelette

*€12.95* 

Honey glazed ham | vine ripened cherry tomatoes | spinach | sourdough toast |

Add On: Avocado Smash €2.50 Bacon €3
Sausage €3 Chorizo €2.50 Pudding €3 Eggs €3
Maple Syrup €2 Seasonal berries €2 Nutella €2



## **Delicious Breakfast Snacks**

# Homemade Sausage Rolls

€4.95

Meaty feast | Vegan

Peanut Butter & Banana Sourdough €5.95

### **Savoury Croissants**

€5.95

Honey baked ham & applewood cheddar Tomato brie & spinach

#### Delish Granola Berry Ripple

€5.85

Homemade granola with low-fat Greek yoghurt and our berry compote

# Porridge w/seasonal berries & honey €5.95

Made with low-fat milk or on request

oat/almond/soya/coconut .65c Add banana €1.50

# KIDS BREAKFAST

<i>Oh, la la!</i> €6.50
Mini French Toast with banana & maple syrup
<i>Eggs N Soldiers ②</i> €6.95
Sunny side up fried egg & soldiers
Kinder bueno Hippo Pancakes €6.50



# **Our Coffee**

Is from Badger & Dodo, an award-winning boutique roaster in Munster. All our baristas are expertly trained and are passionate about serving great coffee. Fancy Dairy free? We also have Almond, Oat, Coconut & soya

# **Hot Drinks**

Mug of Americano	€ 3.35
Cappuccino	€ 3.55
Café Latte	€ 3.55
Flat White	€3.55
Café Mocha	€3.70
Hot Chocolate	€ 3.55
Turmeric Latte	€ 3.50
Matcha Green Tea/Latte	
Chai Latte	€3.55
Tea	
Herbal Teas	. €3.00

#### Extra's

Shots, Iced, Syrups, Speciality milks & Cream .65c



# **Cold Drinks & Pressed Juices**

Sourced Locally & 100% Irish

Our Delish Fresh OJ

Wild Orchard Pink Lemonade

Attyflin Fresh Apple Juice

SISU Irish fresh Fruit Juices

€3.65

# Soft drinks

Coke, Diet, Zero, Fanta & Sprite	€2.85
Irish Still & Sparkling water	€2.50
Kiddies Juices & milks €1.75	

# **Serious Delish Drinks**

Toasted Marshmallow Hot Chocolate €4.50 Salted Caramel Latte €4.50 Praline Hazelnut Mocha €4.50 *Iced Lotus Biscoff Frappe €5.50* Iced Kinder Hippo Frappe €5.50

# **New Revolution!**

Apologises we are unable to split Bills of tables of 6 plus 😂

No Patience?? Can't wait? We suggest ...... You

"Call & Collect" or "Pre-order" 061-332920







# **Amazing Superbowl's**

### The Super Soul Bowl

€12.95

Ultimate natural Clean Protein fix Sesty superfood quinoa, Edamame beans, med veg, roast red pepper hummus, beet, tomato & coriander salsa, pickled red cabbage, rocket, spinach, chickpeas, and toasted seeds

Add Chicken €3.50 Add Halloumi €3

#### Indian Chicken Shawarma

€14.95

Delicious Roast Indian Spiced Chicken on a bed of Moroccan cous-cous, drizzled with curry yoghurt, mango chutney & toasted almonds

#### Goat's Cheese Salad

€12.95

Warm honey goat's cheese with red berries, beetroot, candied walnut on a bed of café leaves

Add Black pudding €2.00

#### Chicken & Bacon Club Salad €14.50

Warm chicken, smoked bacon, cos & café leaves, vine-ripened cherry tomatoes, parmesan shavings, garlic crouton and a classic Caesar dressing

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# Fancy Brunch? All Day

#### The Delish Breakfast Bap

€10.95

A Brioche Bun filled with Dijon mustard mayo, bacon, sausage, black and white pudding, cheddar, tomato relish and topped with a sunny fried egg!

#### Salted Caramel French Toast

13.50

Pan-fried Eggy Brioche topped with berry compote, banana, salted caramel sauce, & Biscoff crumble Add Smokey Bacon €3.00

#### **Huevos rancheros**

€13.50

Warm tortillas, 2 fried eggs, spicy chorizo, tomato & coriander salsa, avocado, crumbled feta, drizzled with Sriracha & a cup of smoked paprika potato cubes

# Kid's Lunch

Homecooked ham & cheddar cheese

Why Hello there **Sweet Thing!** All you need to do is ask...all desserts made **FRESH** today





@delishcafes

# Lunch Time at





# **House Favourites**

#### Hail Caesar! Spicy Buttermilk Chicken Burger €15.95

A brioche bun loaded with fresh cos, parmesan, & Caesar dressing and crispy bacon with fries

# Turkey Brie & Bacon

€12.95

Roast Turkey, melted brie, bacon, rocket, cranberry relish on toasted ciabatta with fries

#### The Munster

€13.75

Open Bruschetta with grilled spiced halloumi, roasted med veg on a bed of café leaves with delish red pepper & chilli Harissa Add chorizo €1.50

#### The Godfather Pasta

€15.85

Breast of Chicken with chorizo, baby spinach cooked in a mild smoked paprika & tomato sauce on wholegrain penne pasta with basil pesto croute

### Blackened Cajun Prawn Taco €15.95

Juicy pan-seared Tiger Prawns, soft taco, kimchi slaw, chorizo, salsa smashed avocado, lime wedge

#### Melt

€14.50

Melted smoked applewood & cheddar cheese, honey roasted Ham, foillain tomato relish, rocket & honey mustard with slaw & fries

# Allergens 💙



*If you suffer from any allergies, please* ask your server for a full listing of Menu Allergens

# **Serious Sandwiches**

All gourmet sandwiches served with chef's side salad

*Basil Pesto Chicken.....*€9.65 A Breast of chicken, fresh basil & cafes leaves, parmesan shavings, basil mayo, in a multigrain blaa

#### Fly me to the Moon...... €10.95

Toasted ciabatta filled with marinated chicken breast, crispy bacon, vine ripened tomatoes, red onion, garlic mayo, melted brie, and fresh rocket leaves.

## Miss Saigon's Sister..... €9.95

Toasted tomato tortilla wrap filled with our marinated Indian breast of chicken, red onion, cheddar cheese, roasted peppers, and sweet chilli sauce.

#### *The Italian Job......* €10.95

Toasted ciabatta filled with peppered salami, buffalo Mozzarella, sundried tomatoes, red onion, and fresh basil pesto.

# *Green Energy ......*€9.95

Harissa infused halloumi, crunchy leaves, kimchi slaw, tomato salsa, Avo, Caesar dressing in a spinach wrap

# *Pigs will Fly.....*€9.50

An old Favourite! Multigrain bap filled with fresh breast of chicken, smoked bacon, vine ripened tomatoes, garlic mayo, fresh café

leaves.

Freshly Made Soup Of the day €5.95 with delicious homemade bread

**Bit on the side ②** Skin on Fries €3.95 Quinoa €3.95 Cup Soup €3.95 Cous Cous €3.95 House Greens €3.95

All items are made fresh with love, please be patient! If you are in hurry Colder dishes are faster to prepare or alternatively Call ahead to Pre- Order especially for large groups. We want to ensure that you have a Delish time 🧐

# Lunch Time at



# **House Favourites**

## The Cowboy Burger

€15.95

A juicy Burger, 8oz of Irish Beef, crispy bacon, red onion marmalade, cheddar, Dijon mayo, café leaves served with fries

#### Hail Caesar! Spicy Buttermilk Chicken €15.95 Burger

A brioche bun loaded with fresh cos, parmesan, & Caesar dressing and crispy bacon with fries

#### The Munster

€13.75

Open Bruschetta with grilled spiced halloumi, roasted med veg on a bed of café leaves with delish red pepper & chilli Harissa Add chorizo €1.50

# The Godfather Pasta

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Breast of Chicken with chorizo, baby spinach cooked in a mild smoked paprika & tomato sauce on wholegrain penne pasta with basil pesto croute

#### Blackened Cajun Prawn Taco

Juicy pan-seared Tiger Prawns, soft taco, kimchi slaw, chorizo, salsa smashed avocado, lime wedge

### Melt

€14.50

Melted smoked applewood & cheddar cheese, honey roasted Ham, foillain tomato relish, rocket & honey mustard with slaw & fries

> Why Hello there Hot Stuff! All our dishes are **FRESH** to order, so please be patient for the Hot ones ...

# **Serious Sandwiches**

All gourmet sandwiches served with chef's side of the day *Basil Pesto Chicken.....*€9.65

An old Favourite! Breast of chicken, fresh basil & cafes leaves, parmesan shavings, basil mayo, in a multigrain blaa

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Freshlv Made Soup Of the day €5.95 with delicious homemade bread

# Bit on the side 😉

Skin on fries €3.95 Cup Soup €3.95 Quinoa €3.95 House Greens €3.95 Cous Cous €3.95

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# Kid's Lunch

"I don't know."..... €6.95 Delish Chicken Popcorn, served with small fries Chicken & Cheese Taguito.....€7.50 Small Taco with small fries "I don't want that" @......£6.95 Pasta with homemade tomato sauce & cheese with garlic bread Simple Simon Toastie......€5.95

Why Hello there **Sweet Thing!** All you need to do is ask...all desserts made **FRESH** today



Homecooked ham & cheddar cheese