

# Delish at Work

## Buffet Lunch Platters

### Sarsfield Pride Cold Meat Platter €13.95 per person

We marinate, season, and roast all our meats with the best of ingredients, specialty cuts of meat are sourced from the very best of Artisan suppliers. This platter is garnished and has a selection of:

Traditional honey roast ham, house marinated chicken skewers, thin slices of Irish beef, peppered salami, Indian spiced chicken skewers,

It is also served with a choice of two of our homemade salad bowls

**Minimum order of 5 persons**

### "Oceans" Eleven

€15.95 per person

A Selection of seafood to get your omega boost, this platter includes:

Irish oak smoked salmon, juicy prawns with pineapple salsa, fresh salmon with Avocado smash and mini sushi rolls. It is also served with a choice of two of our homemade salad bowls

**Minimum order of 5 persons**

**Selection Of Breads & butters €1.50 pp**

### Warm Buttermilk Chicken PLATTER

**Serves 8 to 10 €39.95**

An ideal accompaniment to our signature sandwich platters we offer a platter of homemade buttermilk spiced chicken goujons with sweet chilli sauce & garlic mayo dip

## Delish Salad Bowls

**Small Serves 4-6 persons €17.50**  
**Large Serves 10-12 persons €30**

### Crunchy Asian Noodle Salad

Baby corn, Mangetout, mixed peppers, oriental vegetables in sesame oil

### New Potato & Red onion Salad

Baby new potatoes and sliced red onion seasoned with wholegrain mustard mayo

### Classic Caesar Salad

Crispy cos with fresh parmesan, bacon lardons, garlic croutons & classic Caesar dressing

### Caprese Salad

An Italian delight, of vine-ripened tomatoes, buffalo milk mozzarella and fresh picked basil leaves drizzled with basil pesto

### Pesto Penne Pasta

Infused with fresh basil pesto, parmesan shavings and Mediterranean vegetables

### Zesty Superfood Quinoa

Zesty Lemon & Lime quinoa salad packed full of freshly chopped parsley & herbs

### Moroccan Couscous

A couscous mix with chickpeas, apricots, sultanas, and fresh mint

### Delish Pickled Ruby Slaw

A delish house recipe! Freshly grated carrot, red & white cabbage pickled with Attyflin apple cider vinegar

## Signature Sandwich Platters

### Working Lunch Platter

€7.75 per person

A variety of our healthy gourmet sandwiches on carefully selected sliced breads, ciabattas, and wraps combined with a selection of our finest delicious fillings from our signature sandwiches served with potato chips

### Boardroom Platter

€8.95 per person

A variety of gourmet sandwiches on carefully selected sliced breads, ciabatta, wholemeal & floury breads, baguettes & wraps combined with a selection of our finest delicious fillings from our signature sandwiches served with potato chips Accompanied by "bitesize" sweet delights

### Soup & Sambo Combo

€9.50 per person

An ideal accompaniment to our signature sandwich platters we offer this hearty homemade and wholesome soup

### Lunch Bag

€10.50 per person

The Ideal fix for individual lunches

A delish sandwich, a piece of fruit, a sweet treat, crisps / popcorn & a bottle of water

### Delish Burrito €8.95 per person

Spicy Chicken, 5 bean Mexican rice, with chili cheese, salsa & guacamole. Minimum order 10

## Quiche or Frittata Box

**Served with 2 chefs choice salads**  
**€9.75 per person**

Baked Ham & Brie and leek

Bacon, Sausage, Tomato & Cheddar.

Chicken, Chorizo, Peppers, Onions & Smoked cheddar

Mediterranean Veg, Spinach & Goat cheese

## Individual Salads

€9.95 per person

### Goats Cheese

Warm honey goats' cheese, red berries, cafe leaves, golden beets, candied pecans, & balsamic reduction.

### Chicken Caesar

Chicken, bacon, vine-ripened cherry tomatoes, parmesan shavings, classic Caesar dressing & Garlic crouton

### Greek Salad

Café leaves, feta, olives, egg, sun kissed tomatoes & tzatziki

### Bollywood

Indian spiced chicken on a bed of Moroccan couscous with a curried yogurt dressing

### Ploughman's Plate

Honey baked ham, chicken, smoked cheddar, tomato, egg, gherkins, coleslaw, with soda bread

### Soul Bowl - Vegan

Zesty Superfood quinoa, edamame beans, hummus, balsamic roasted eggplant, tomato & coriander salsa, avo smash, roast spiced chickpeas, med veg, rocket & spinach

### Chicken Pesto Pasta

Mediterranean veg, fresh basil & parmesan

Call us today for all your catering needs

Raheen-061300090 or Castletroy-061332920

Prices are inclusive of VAT. We deliver free up to 5km, additional charges then apply.

Check us out at [www.delish.ie](http://www.delish.ie)



# Delish at Work



## Breakfast Meetings

**Minimum order 10 persons**

### Rise and Dine €7.95

A Savoury selection of delicious sausage rolls, Ham & Cheese Jambons, and our veggie bites, all served with Irish tomato relish, Accompanied with Tea & Coffee

### Rise and Shine €6.85 per person

A Selection of small Delish Vanilla Scented Fruit scones served with Irish butter, preserves and freshly baked French pastries, Accompanied with Tea & Coffee

### Bakers Basket €3.95

A Selection of freshly baked mini fruit scones served with Irish butter, preserves and freshly baked mini-French pastries

### Sunshine Breakfast Box €7.95

Individually packed selection of mini pastries & freshly baked scones, yoghurt & delish granola pot / fresh fruit salad pot

### Tutti Frutti €4.45 per person

14 oz of Fresh Fruit Salad with homemade granola and natural Greek yogurt

### Berry Ripple -Vegan Pot €4.55

### The Fruit Bowl €15.00

Ideal with our signature sandwich platters we offer a selection of seasonal & tropical fruits for you to benefit from a healthy option. 10-12 pieces

## Breakfast Bites

**Minimum order 10 persons**

### Breakfast Canapes €12.95 per person

A selection of 5 from mini breakfast burritos, frittata muffins, mini loaded Avo, mini bagels, croissants with Smoked salmon, Smokey bacon, cream cheese & relish, sausage rolls, jambons and sweet pancake skewers

### Everything Bagel €6.50

Smokey Bacon, cream cheese & Irish relish

Poppy seed bagel citrus cream cheese smoked salmon €7.95

### Delish Hot Full Irish €9.95

Bacon, Sausage, Tournafulla black & white pudding, scrambled egg & beans and selection of bread all served to you hot!

### Hearty Breakfast Burrito's €7.50

Loaded Breakfast Burrito with sausage, pudding, bacon, egg, melted cheddar and Irish tomato relish

### The Big Breakfast Bite €7.50

A brioche bun filled with Dijon mustard mayo, bacon, sausage, black & white pudding, Smokey cheddar, tomato relish, topped with a fried egg!

### Fruit Skewers €3.50 per person

Freshly cut seasonal & exotic fruit pieces on a skewer

## Drinks

### Power Shot €4.95

A low probiotic yoghurt smoothie, wheatgerm, 2 bananas, mixed berries, seasonal fruits, fresh orange juice & honey

### Juices €3.50

A Selection of juices available including a range of Sisu's, Attyflin Apple Juice and our own freshly squeezed orange juice.

### Tea/Coffee €2.95

Herbal teas also available on request

### Wines & Beers on request

## Afternoon Treats

### Bitesize Delights €3.50 per person

A selection of bitesize desserts each serving contains three pieces per person.

### Sweet Tooth €4.50 per person

We provide a selection of homemade cookies, muffins, rocky road, Portuguese tarts, Cake pops, macaroons or traybakes for that afternoon slump!

### The Whole Hog €5.95 per person

A Dessert Platter is the perfect ending to any lunch! A selection of full slices of desserts, Including carrot cake, chocolate fudge brownies, rocky road, Dime Cake and chocolate coconut tart with freshly whipped cream

## Canapes

**Minimum order 10 - €18.50 per person**

### Meat

Mini Slider Buttermilk chicken & sriracha

Salami, mozzarella, fresh basil pesto Crostini

Mini Ploughman's with Limerick ham

Indian spiced Chicken Skewers

Black pudding, goat's cheese, and red onion marmalade bruschetta.

Spicy Chicken & Waffle with pickled onion

Mini Vol au Vent with Pesto chicken

### Vegetarian & Vegan Options

Mini Mediterranean Frittata

Loaded Avo crumbled feta & spiced chickpea

Crostini with tomato & Coriander Salsa

Mini Slider with Halloumi & Harissa

Vol au vent with roast red pepper hummus

Melted brie & balsamic grape crostini

### Seafood

Mexican Prawn Taco Bites

Smoked Salmon & citrus crème Blinis

Mini Sushi Rolls with wasabi cream cheese

**All Made individually with love, all you need to do is choose 5 options  
Dessert Canapes also available €4.95**

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